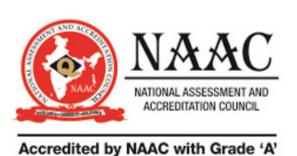


INDIRAPURAM, GHAZIABAD

Affiliated to Dr. A.P.J. Abdul Kalam Technical University,

Timings: 10.00 AM- 4.00 PM





The Programme

Leadership has always been a much-talked-about topic but at the same time, it has been inflicted with an abundance of ideas and limitations. Nevertheless, it provides us a clear vision of our goals and paves the way to achieve it. Leadership has many theories and dimensions and different situations demand catering to different aspects of leadership. But Self-Leadership which is an upcoming area refers to the process of controlling one's behavior and influencing and directing oneself through a procedure of behavioral and cognitive strategies. As part of the broader concept of self-management, it is a new way to focus on the mental process of an individual to attain the best results.

Objectivesof the Program

- Understanding the concept of Self-Leadership
- Take responsibility for own actions by understanding one's mental processes
- Emulate the four pillars of self-leadership

Contents of the Program

- Understanding Mental processes
- Ways of Controlled thinking
- Applying relevant Behavioural cognitive strategies

Takeaway for participants

The program will endeavor to make participants use cognitive and behavioural strategies to help attain goals by intrinsic motivation. It aims to help them identify and replace dysfunctional beliefs and assumptions and switch to more positive thoughts through self-analysis.

Pedagogy

The program will include a combination of self-reported questionnaire to understand the existing level of self-leadership in individuals and discussion of case studies with relevant analysis of the topic.

Intended Audience

The program is intended to serve junior level and middle level managers, seeking to work on their effectiveness.

Resource Person

Ms. Guneet Kaur is an IIM-Lucknow alumni with an MBA in Human Resource Management. She has a versatile experience of more than 17 years in academia and corporate. She has been taking workshops for companies like GE, Inter-globe technologies, Visa House etc. on emotional intelligence and self-leadership. Ms. Kaur has published research in ABDC and Scopus listed journals and is an avid researcher in the area of self-leadership. She is a certified psycho-metric assessor in various projective and objective personality tests from Guru Gobind Singh Indraprastha University, Delhi. Initially, worked with hotels like Inter-Continental, Le Meridien and Convergys, and gained expertise on customer satisfaction, customer communication and customer relationship management. She has taught mostly in colleges of Indraprastha University, Delhi and presently working with Jaipuria Institute of Management as Assistant Professor. Her topic of PhD research is Employee Engagement, Emotional Intelligence and Self-Leadership.

Timings/ Hours to be invested
10.00 AM to 4.00 PM

Commercials:

Rs.1000 per participant.

Date: September 25, 2021

Registration and Payment details

https://bit.ly/3E4XqRp

For payment details

Payment can be made through the following two options:

GooglePay/ Paytm/ Phonepe on the number of Mr. Praveen Arora - 9990678915.

Bank details

A/c Name - Jaipuria Institute of Management
A/c no - 20372745394

Bank Name - Indian Bank (Current Account)

Branch Name - C-25, Sector - 15, Vasundhara Awas

Vikas, Ghaziabad 201012 Uttar Pradesh

IFS Code - IDIB000V515

Contact no. (for confirmation) - 9990678915, 0120-4550109

Don't forget to write MDP Payment and your name while making the payment.

MDP CELL

The program is intended to serve junior level and middle level managers, seeking to work on their effectiveness.

Mr. Shishir Jaipuria

Chairman

Jaipuria Group of Educational Institutions

Dean (Students Welfare)

Dr. Ashwani Varshney

Jaipuria Institute of Management, Indirapuram, Ghaziabad

Prof. (Dr) Daviender Narang

Director

Jaipuria Institute of Management, Indirapuram, Ghaziabad

Dr. Sadananda Prusty

Dean (Academics)

Jaipuria Institute of Management, Indirapuram, Ghaziabad

Dr. Rashmi Maini

MDP AREA CHAIPERSON

Assistant Professor

Jaipuria Institute of Management, Indirapuram, Ghaziabad

Ms. Sanandi Sachdeva

Assistant Professor

Jaipuria Institute of Management, Ghaziabad



